The Official Newsletter of Bay State Soo Bahk Do



THE KI-HAP



9 Rundlett Way, Middleton, MA 01949 ~ Tel. 978-777-8376 ~ In color at www.thekaratecenter.com ~ Volume 14, Number 1 - January 2003

Student Holiday Party at Dojang







The Youth Holiday Party was held on Saturday, December 21 thanks to the excellent preparation and organization of Leanne Harwood and the many parents who brought delicious dishes and goodies for the food table. As always, the get-together was full of Yule-tide spirit and this year was no exception. Special thanks to all those adults and parents who played a role in its success as everyone had a great time. Festive songs and games, and fun gifts got everyone in the holiday spirit. A special visit by one of Santa's helpers made the afternoon complete as he helped give out the gifts the students brought to the party.

Dan Member Meeting



There will be a mandatory meeting for all Dan members on Wednesday, January 15 in place of our usual Dan Class. The meeting will begin at 7:00 PM and all Dan members are encouraged to attend. This will be our annual gathering in which we will discuss the 2003 calendar as well as crucial information for those who are teaching class-

es on a monthly basis. If any Dan member is unable to attend, please let Master Harwood know in advance.

Self-Defense Course

A women's self-defense course will be offered to mothers of students from the studio. The course will be held on Friday evenings beginning on January 24th at 7:30 PM. (See Master Sudak for details.)

Kinder Karate Class



Beginning with the 2003 calendar year, the Wednesday afternoon 4:00 PM Pee Wee class will no longer be a combined class with Kinder Karate students. Instead, all 4 and 5-year-old Kinder students will be asked to return to their Saturday morning class held at 10:30 AM.

BULLETIN: Kwan Jang Nim's Vision Tour Moved to Jan. 11, 2003

Due to snow predictions in Wallenpaupack, PA, the Kwan Jang Nim's January 4th visit has been postponed to January 11. If the original date wasn't good for you, here's your opportunity to be with our NEW Kwan Jang Nim for his first USA Tour. *The tour is opened to dan members*.

Studio Team Weekend

The U.S. Soo Bahk Do Moo Duk Kwan Federation will once again host the 2nd Annual Studio Teams Demonstration weekend. This weekend is offered to all Federation students regardless of age or rank. The weekend will be held at the Sheraton Meadowlands in East Rutherford, New Jersey on March 28-30. This proved to be an excellent event last year and is expected to gain more interest this year. Although the intention of the event is to have pre-arranged teams from each studio, it is acceptable for any student to attend and create a demonstration with other practitioners while there. Studios can register as many teams as are interested. In fact, teams registered with Headquarters before February 28th may qualify for Free Team registration. Anyone interested can see Master Harwood for registration forms.



Pictured here with Kwan Jang Nim was our team from last year consisting of Gregg Harwood, Gordie Greenberg and Glenn Boudreau. They were also voted "Best of the Best" for the weekend event.

JANUARY - 2003

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JOINDAT	IVIOINDAI	TOLODAT	_			_
Ho Sin Sool	Upcoming Events Monday, Feb. 17 - President's Day (Studio Closed)		New Year's Day Dojang Closed	2	3	4
	 		Fernando Sousa			Kathryn Hill
5	6	7	8	9	10	11
Hyung		Gup Retest 6:30 pm			James Lawrence	Kwan Jang Nim's Vision Tour Hawley, PA Event was postponed from Jan 4.
12	13	14	15	16	17	18
II Soo Sik		Red Belt Evaluation 5:45 - 7:00 pm No 5:30 Red Belt Class	Dan Meeting 7 PM No Dan Class	Edward Romagnoli		Taylor Bambury
19	20	21	22	23	24	25
Sparring	Martin Luther King Day No Classes James Decoulas Michael Hourihan				Pee Wee Test 3:30 pm No 4:00 Pee Wee Class January 25 Kelly Houten Tyler Barras	Gup Test (Worcester) 10:30 am - White/Orange 12:00 pm - Green/Red Regular classes in Middleton
26	27	28	29	30	31	
Ho Sin Sool	Kyo Pa ^(Board Breaking) Day	Abigail Henry Wil Russell				

Schedule Change

The Karate Center's weekly schedule will change slightly to accommodate the make-up of our current membership. This change will begin with classes on Thursday, January 2 and is intended to offer students a wider variety of training options while creating a classroom that is more conducive to each student's progress. The changes will affect only the classes on Tuesday and Thursday as follows:

4:00-5:00 PM - Youth Beginner ClassThis class will primarily focus on white belt requirements and is open to white belts only.

4:45-5:45 PM - Youth Intermediate Class This class will be offered to orange and green belts and will focus on requirements for these levels.

5:30-6:30 PM - Youth Advanced Class This class will focus on advanced level requirements and is open to 4th Gup green belts, red belts and Dan members.

Dan Promotions



Congratulations to Miss
Ginamarie Talford and Mr.
Thomas Hill who were recently
promoted to the rank of E Dan.
They received their rank, and
promotion certificates after a
recent Dan class at the studio.

Cambridge Class

Master Steyer's once-a-month classes will be held Saturday 1/18, 2 pm - 4 pm at the Cambridge YWCA.

A portion of the \$15 fee will benefit the Region 1 International Tournament Fund.

The class is opened to gup members over 11 and all dan members. To attend, you MUST ask Sa Bom Nim Harwood by the Wednesday preceding the class.