



The Official Newsletter of Bay State Soo Bahk Do

THE KI-HAP



9 Rundlett Way, Middleton, MA 01949 ~ Tel. 978-777-8376 ~ www.thekaratecenter.com ~ Volume 13, Number 4 - April 2002

2002 Fight Night Series

After another exciting, fun-filled evening of sparring competition on March 8, the team standings for our Fight Night competition have changed dramatically since our first meeting in February. With only one more evening of competition, the current results are:

**MR. GREENBERG'S
DOUBLE DRAGONS - 24 WINS**

**MR. HARWOOD'S
FLAMING FIGHTERS - 23 WINS**

**REID GILMAN'S
SOO DO'S - 20 WINS**

**JAMES LAWRENCE'S
TEAM YONG GI - 18 WINS**

**MR. LAWRENCE'S
TEAM PHOENIX - 14 WINS**

The Finals for this 3-Month competition will take place on Friday, April 26 with the last few sparring matches and Awards ceremony. As always we will be conducting the fund-raising raffle and bake sale. To date we have raised over \$500 towards the Sidekick Foundation. Anyone wishing to contribute to our raffle or bake sale should contact Leanne Harwood. Don't miss this last action-packed evening of fun!

The Sidekick Foundation is a non-profit organization which helps potential students get involved in the martial arts who otherwise may not because of individual, family or financial limitations.

FIGHT NIGHT

THE FINALS - 6:30 pm

EVENT DAY CLASS SCHEDULE

4:00-4:45 PM Pee Wee Class &

5:00-6:00 PM Adult/Youth All Rank

17th ANNUAL BAY STATE INVITATIONAL TOURNAMENT

SATURDAY, APRIL 6 - 10:30 AM

NORTH SHORE TECHNICAL HIGH SCHOOL

(Registration Forms may be obtained from the office)

National Tournament Announced

The Federation recently announced the location of this year's National Championships which will be held on August 1-3 here on the east coast. It will be hosted by Region 2 at the Sheraton Hotel Meadowlands, New Jersey.

This is the biggest event our U.S. Federation sponsors and is always a fun and exciting weekend. If you have never attended one of these events, this might be a good time to look into it since it is not always this close to home. Competition is open to ALL students regardless of age or rank.

Don't miss out on this opportunity to join other Soo Bahk Do practitioners from across the country. Since it is normal to have hundreds of competitors and their families in attendance, it isn't too early to think about reserving your room now. The hotel reservation number is (201)896-0500. The cost of a single room will be \$95 while doubles, triples and quads will be priced at \$110.

As the summer-time is approaching fast, perhaps your family's vacation could include this special event. Hope to see you in New Jersey.

Let's Get Crackin'

Don't forget about Kyo Pa (Board Breaking) Class. This month it will be held on Wednesday, April 24. Students interested in purchasing real wood boards may do so for a cost of \$1 per board with all proceeds used for our Student Fund. Students are still always welcomed to bring their own boards from home or use the plastic boards we have at the studio. Anyone wishing to purchase boards is encouraged to do so before Kyo Pa Day.

REMINDER of MEDICAL ALERT!

Be aware! Due to the increasing number of students who are severely allergic to peanuts, we are asking everyone to refrain from bringing any type of peanut product to the studio. For the safety of the children affected, your cooperation is greatly appreciated.

Dan Test & Clinic

The 108th Dan Classing Championship and Clinic will be held on Saturday, May 11, 2002. Sa Bom Kirby will be hosting the event at his Ridgefield, Connecticut studio. A Gup and Dan member clinic will be conducted for Federation members from 11:00 - 12:00 PM with the testing starting promptly at 1:00 PM. Please sign up on the bulletin board if you plan on attending.

APRIL - 2002

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HO SIN SOOL	1	2 Andrew Cheever	3	4	5 Peter Benson	6 17th Annual Bay State Tournament NS Technical High School (Dojang Closed)
7 HYUNG Daylight Savings Time Begins	8	9 Red Belt Evaluation 5:45 - 7:00 pm No 5:30 Red Belt Class John Lawrence	10 Matthew Lunden	11 Kristen Heffernan Jonathan Tonthat	12	13 Pre-Dan Evaluation III 1:30 pm
14 IL SOO SIK	15 Patriot's Day Dojang Closed	16 Vacation Week See Schedule Below	17 Vacation Week See Schedule Below	18 Vacation Week See Schedule Below	19 Vacation Week See Schedule Below Pee Wee Test 3:30 pm No 4 PM Pee Wee Class	20 Vacation Week See Schedule Below Rachel Miles
21 SPARRING	22 John Broderick	23 White Belt Gup Test Part I 4:00 - 5:00 PM	24 Kyo Pa (Board Breaking) Day	25 White Belt Gup Test Part II 4:00 - 5:00 PM	26 FIGHT NIGHT Series III - 6:30 pm See article for Class Schedule	27 Gup Test (Worcester) 10:30 am - White/Orange 12:00 pm - Green/Red Alex Gikas
28 HO SIN SOOL David D'Angelo	29 Trevor Harwood	30	Upcoming Events Friday, May 3- Pee Wee Test (3:30 PM) Friday, May 10 - Mother's Day Classes Saturday, May 11- Region #1 Dan Test & Clinic (Ridgefield, CT) Monday, May 27 Memorial Day - Studio Closed Also watch the whiteboard and check thekaratecenter.com .			

Spring Vacation Week Schedule

Monday, April 15, Patriot's Day - Dojang Closed

Tuesday, April 16 - Regular Schedule

Wednesday, April 17 - Regular Schedule

Thursday, April 18

9:30-10:30 AM Youth Mixed Rank
5:30-6:30 PM - Youth Mixed Rank
7:30-8:30 PM Adult Mixed

Friday, April 19

9:30-10:15 AM - Pee Wee Class
5:00-5:45 PM - Youth Beginner
6:00-7:00 PM - Youth/Adult Mixed Rank

Saturday, April 20 - Regular class schedule

Cambridge Class

Mr. Steyer's once-a-month class will be held on Saturday 4/20, 12-2pm at the YWCA, 7 Temple St., Central Square, Cambridge. The fee for the class this month is \$10.

The class is opened to gup members over 11 and all dan members. To attend this class, you MUST ask permission from Sa Bom Nim Harwood by the Wednesday preceding the class.

Your Bon (Gup or Dan) Number

-Tom Hill

Grandmaster Hwang Kee established membership identification numbers for Gups and Dans and it is reflective of the discipline he has instilled in the Moo Duk Kwan. In Volume I of "Soo Bahk Do T.M Tang Soo Do" the Grandmaster discusses the theory of Ryu Pa and says, "Translated idiomatically, it means the river flows down and into other branches according to a natural condition".

The Grandmaster goes on to explain that while there is "no way to stop the occurrence of Ryu Pa under natural conditions, we try to prevent the unnatural and intentional occurrence of Ryu Pa."

Your Bon helps to provide a natural order and system to support the Moo Duk Kwan. A Bon helps to establish the relationship between a student and teacher (and a teacher's teacher up through the Kwan Jang Nim) as well as with other students. A student has an easier time to make friends when they are placed with students of equal experience and capabilities. This is especially true at national and regional events when students from around the world meet to train together. Students renew friendships when they naturally rejoin at these events due to the order and system your Bon provides.

The Bon plays a major role ensuring that the Moo Duk Kwan follows a natural course providing for future generations of Soo Bahk Do practitioners.

Everyone is welcomed to submit an article for possible publication in our newsletter. Articles should be related to training at The Karate Center or some aspect of the philosophy of our art. Parents might write about some positive changes they have seen in their child as a result of training. Send your article to kihap@thekaratecenter.com