



The Official Newsletter of Bay State Soo Bahk Do

# THE KI-HAP



9 Rundlett Way, Middleton, MA 01949 ~ Tel. 978-777-8376 ~ www.thekaratecenter.com ~ Volume 13, Number 5 - May, 2002

## 2002 Fight Night FINALS



The Happy winners of Mr. Harwood's Flaming Fighters

The final installment of our 2002 Fight Night Series was held on Friday, April 26. The five teams, all captained by candidates from last Fall's Dan test, went on to entertain the audience with an evening of exciting sparring matches. The final standing was extremely close. . .

Many generous donations were made toward our raffle/fundraiser which collected more than \$800. This contribution will be sent to the Sidekick Foundation to assist with the financial responsibility of well-deserved

students who may benefit from Soo Bahk Do training.

The evening concluded with the presentation of the traditional Peppermint Patty Awards to all of the participants. Thank you to everyone who made the series a success and we look forward to seeing everyone again for next year's competition.

*The Sidekick Foundation is a non-profit organization which helps potential students get involved in the martial arts who otherwise may not because of individual, family or financial limitations.*

### Fight Night Final Tally

MR. HARWOOD'S  
FLAMING FIGHTERS - 34 POINTS

MR. GREENBERG'S  
DOUBLE DRAGONS - 33 POINTS

REID GILMAN'S  
SOO DO'S - 32 POINTS

JAMES LAWRENCE'S  
TEAM YONG GI - 26 POINTS

MR. LAWRENCE'S  
TEAM PHOENIX - 24 POINTS

### Happy Mother's Day

On Friday, May 10, mothers will have an opportunity to train with their children in the dojang. Come in and see what it's like on the other side of the lobby window. If you have any questions, please contact Mrs. Leanne Harwood or Sa Bom Nim Harwood.

4:00-4:45 - Pee Wee Moms  
5:00-5:45 - Youth Beginner Moms  
6:00-7:00 - Adult & Youth Student Moms

### Dan Test & Instructor's Clinic

The 109th Dan Shim Sa will be held for Region I on Saturday, May 11 at Sa Bom Nim Kirby's Soo Bahk Do studio in Ridgefield, Connecticut. As part of the event, there will be a clinic for all Federation members from 11:00 AM-12:00 PM. After an hour lunch break, the Dan Shim Sa will begin at 1:00 PM. There will be a \$20 donation for the clinic with each additional family member charged \$5.



Candidates from the 108th Dan Classing proudly displayed their promotions. James Lawrence, Gordie Greenberg, Trevor Harwood, John Lawrence, Ryan Hanna, Richard Hill and Reid Gilman.

# MAY - 2002

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Upcoming Events</b> June 4 - Red Belt Evaluation (5:45-7:00 PM) No 5:30 Red Belt class June 14-22 - Ko Dan Ja Shim Sa (Carbondale, CO) June 14 - Father's Day class (Dads can train with their kids!) June 15 - Gup Test (Middleton) June 16 - Father's Day June 21 - Pee Wee Test June 21-23 - Moment With The Masters (Carbondale, CO) June 26 - SEA & Pacific Seminar (Australia)			1	2	3	4
5	6	7	8	9	10	11
<b>HYUNG</b>   Dean Brostowin				<b>Gup Retest</b> 6:30 pm  Richard Hill	<b>Pee Wee Test</b> 3:30 pm No 4 PM Pee Wee Class  Anthony Pasciuto	 Lucy Cheever  Thomas Hill
12	13	14	15	16	17	18
<b>IL SOO SIK</b> <i>Mother's Day</i>  Joshua Giangregorio		 P.J. Steyer				
19	20	21	22	23	24	25
<b>SPARRING</b>   Gregg Harwood	 Taylor Giangregorio	 Francis Lang  Patrick Russell	 Billy Sheehan			
26	27	28	29	30	31	
<b>HO SIN SOOL</b>   Joseph Cote'				 Zach Youngren  Karen Goudreaux		

## National Tournament Announced

The Federation recently announced the location of this year's National Championships which will be held on August 1-3 here on the east coast. It will be hosted by Region 2 at the Sheraton Hotel Meadowlands, New Jersey.

This is the biggest event our U.S. Federation sponsors and is always a fun and exciting weekend. If you have never attended one of these events, this might be a good time to look into it since it is not always this close to home. Competition is open to ALL students regardless of age or rank.

Don't miss out on this opportunity to join other Soo Bahk Do practitioners from across the country. Since it is normal to have hundreds of competitors and their families in attendance, it isn't too early to think about reserving your room now. The hotel reservation number is (201)896-0500. The cost of a single room will be \$95 while doubles, triples and quads will be priced at \$110.

As the summer-time is approaching fast, perhaps your family's vacation could include this special event. Hope to see you in New Jersey.

## Student Articles Welcomed

All students and parents are welcomed to submit an article for possible publication in our monthly newsletter.

Articles should be related to training at The Karate Center or some aspect of the philosophy of our art.

Parents might write about some positive changes they have seen in their child as a result of training.

Send your article to  
[kihap@thekaratecenter.com](mailto:kihap@thekaratecenter.com)

## Cambridge Class

Mr. Steyer's once-a-month class will be held on Saturday 4/25, 12-2pm at the YWCA, 7 Temple St., Central Square, Cambridge. The fee for the class this month is \$10.

The class is opened to gup members over 11 and all dan members. To attend this class, you MUST ask permission from Sa Bom Nim Harwood by the Wednesday preceding the class.