



The Official Newsletter of Bay State Soo Bahk Do

# THE KI-HAP



9 Rundlett Way, Middleton, MA 01949 ~ Tel. 978-777-8376 ~ In color at [www.thekaratecenter.com](http://www.thekaratecenter.com) ~ Volume 14, Number 6 - June 2003

## FIGHT NIGHT '03

It is time again for our Fight Night Series! This has been a lot of fun in the past and we expect that this year's will be nothing less than spectacular. The three dates for competition will be:

- Saturday, June 7 - 1:00 PM**
- Friday, July 11 - 6:30 PM**
- Friday, August 15 - 6:30 PM**

Teams will be created from those who signed up on the bulletin board. Competitors will spar against others of their own rank and age from the other teams. This is a great opportunity for students to experience tournament-style sparring in a fun and exciting atmosphere. All students are required to have their own mouthguard for this event.

As always we will be coordinating a fund-raiser with each of the above dates. The first day of competition (June 7) will have an Ice Cream Social immediately following "the fights." Richardson's Dairy will be supplying all of the ingredients for us to "make our own sundaes." Tickets are being sold in advance for \$3 each until Tuesday, June 3. Those purchasing their tickets the day of Fight Night I may do so for \$4 each.

Proceeds from this will be donated to our Region I Fund which will help support our International/National fund-raising effort. Then, a Bake Sale will accompany the remaining two dates with those proceeds donated to The Sidekick Foundation, a non-profit organization which helps potential students get involved in the martial arts who otherwise may not be able due to individual, family or financial limitations.

## Dad's Turn!

### Special Father's Day Class Planned

On Friday, June 13 all students are welcomed to bring their Dads to class to experience a little Soo Bahk Do training. We will hold our regular class schedule so students' fathers should simply accompany their son or daughter to the class they normally train in.

**4:00-4:45 PM**  
**Kinder & Pee Wee students' Dads**

**5:00-5:45 PM**  
**Youth Beginner students' Dads**

**6:00-7:00 PM**  
**Youth & Adult students' Dads**

### Summer Schedule

Our annual Summer Schedule will begin on Monday, June 30 and continue through Labor Day, September 1. Copies of this will be made available to students shortly.

## Mother's Day Class



Martial arts training became a Mother's Day celebration on Friday, May 10th as many mothers accompanied their kids into class to experience an introduction to



some of the basics of Soo Bahk Do. Everyone seemed to enjoy the special classes; Moms got to practice a little of what they see through the lobby window



and the kids proudly demonstrated some of the techniques they had learned. Get ready kids because this month is our Father's Day lessons!

# JUNE- 2003

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  <b>Il Soo Sik</b>  Thomas Gobielle	2  Andrew O'Connell	3  <b>Red Belt Evaluation</b> 5:45 - 7:00 pm No 5:30 Advanced Class	4	5	6  Pee Wee Test 3:30 pm Only 5:00 PM Beginner & 6:00 PM Mixed Classes	7  <b>FIGHT NIGHT</b> & Ice Cream Social Series I - 1:00 pm
8  <b>Sparring</b>	9  Meghan Cheever Maya Jachimowicz	10  Isaac Bean	11	12	13  <b>Father's Day Class</b>  Michael Russo	14  <b>Gup Test</b> (Middleton) 10:30 am - White/Orange 12:00 pm - Green/Red  ALL CLASSES CANCELED
15  <b>Father's Day</b> <b>Ho Sin Sool</b>	16	17	18  Joshua Pizza	19	20	21
22  <b>Hyung</b>  Shawn Cavanaugh	23	24	25	26	27	28  <b>Kyo Pa</b> (Board Breaking) <b>Day</b>
29  <b>Il Soo Sik</b>	30	<b>Upcoming Events</b> Fri, 7/4 - Sat., 7/5 - Holiday Weekend -- Studio Closed Friday, 7/11 - Fight Night II (6:30 PM) Only 4-4:45 PM Pee Wee Class & 5-6PM Youth/Adult Mixed Rank Class Tues., 7/15 - Red Belt Eval (5:45 PM) 5:30-6:30 Advanced Class Canceled Sat., 7/26 - Gup Test (Middleton) - Classes Canceled 10:30 AM White/Orange Belts, 12:00 PM Green/Red Belts Studio Shutdown (July 29-August 10)				

## National Championship

The Nationals are right around the corner! July 31 through August 2 will mark this year's event at the Meadowlands in New Jersey. A sign-up sheet has been put up on the bulletin board in the lobby to get an idea of how many Bay State students will be attending. Please sign-up as soon as you are sure you will be going.

The Nationals are the biggest event sponsored by our Federation and a great opportunity to meet, train and compete with fellow Soo Bahk Do practitioners from around the country. Don't miss out on this exciting weekend. The Federation receives a special rate for its members so make sure you mention that you are with the Soo Bahk Do Federation when you call for reservations. See you in New Jersey!

**Sheraton Meadowlands Hotel - (201) 896-0500**

## 111th DAN TEST & CLINIC

Sa Bom James Kirby and the students of Kirby's Soo Bahk Do hosted the 111th Dan Classing Championship and Clinic. The event was held at his new studio in Ridgefield, CT, on Saturday, May 3rd.

Special gup and dan clinics focusing on sparring applications were conducted by Masters Maihos and Steyer prior to the actual testing. Testing began at 1PM with a total of three candidates demonstrating.

## Cambridge Class

Master Steyer's once-a-month class is set for Saturday 6/21, 10am-12pm on the Charles River Esplanade, by the Hatch Shell.

The rain site will be the YWCA. A portion of the \$20 fee will benefit the Sidekick Foundation.

The class is opened to gup members over 11 and all dan members. To attend, you MUST ask Sa Bom Nim Harwood by the Wednesday preceding the class.

**Tell your friends about Soo Bahk Do**

PLEASE SUPPORT SPONSORS OF OUR 2003 INTERNATIONAL TEAM

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**Thank You**  
*We have met the goal for our International Team's Visit to the United States later this year.*  
**Nice Going Everyone!**

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