



THE KI-HAP



9 Rundlett Way, Middleton, MA 01949 ~ Tel. 978-777-8376 ~ www.thekaratecenter.com ~ Volume 13, Number 9 - October, 2002

Topsfield Fair Demonstration

Once again we've been asked back to perform at the Topsfield Fair this year. The demos are a lot of fun and beneficial in improving your confidence. The demonstrations will be held on Saturday, October 5 at 2:30 PM and 5:30 PM.

There will be a practice on Friday, October 4 at 7:15 PM so we can do a trial run of our performance.

If you are interested in being a part of either of these demonstrations, please sign up on the bulletin board and begin practicing what you would like to do immediately.

Youth students are encouraged to perform at the 2:30 PM time and adult members at 5:30 PM. Everyone should enter at the Main Gate (Rte. 1) and explain that you are there for the "karate demonstration." Fair personnel will be expecting you and should allow your free admittance.

Halloween Classes

Halloween falls on Thursday this year so we will be adjusting the schedule on October 31. The following two classes are the only ones being offered that day:

4:00-5:00 PM - Youth All Rank
7:30-8:30 PM - Adult All rank

Consequently, Saturday, October 26 will be our Halloween classes for the studio. Students are encouraged to come to class in costume for a unique and fun workout. These classes will be as follows:

Kinder/Pee Wee Students - 10-11 AM
Youth/Adults - 11:30-12:30 PM

Board Breaking Competition

We will be holding a small "in-school" board breaking competition on Saturday, October 19 for all Pee Wee students and older. Students will be judged technically as well as creatively.

Technical scoring will consider such components as proper execution and power, while the creative score will evaluate the organization and difficulty of the break.

All students are required to supply their own wood for this event. Plastic, re-breakable boards will not be used. Students wishing to buy their own wood should purchase 1"x 12" Common Pine and cut them to the appropriate width. Pre-cut boards will be sold through the studio but must be purchased prior to the day of the competition.

The cost of the pre-cut boards will be:

3" & 5"\$1.00 7" & 9"\$1.50

(All proceeds from the sale of wood will be donated to our region's international team fund for the 2003 National Championships.)

Competition requirements include:

STUDENT	BOARD SIZE
6 years & younger.....	3"
7 - 10 years old.....	5"
11 - 13 years old.....	7"
14 - 16 years old.....	9"
17 years & older.....	9"

Students will be placed into divisions by rank:

RANK	STATIONS (not to exceed)
Beginner - White & Orange Belts.....	1
Intermediate - Green Belts.....	2
Advanced - Red Belts.....	3
Dan - All Dan Ranks.....	3

Masters of Ceremony

Following Dan class on Wednesday, September 25 a special ceremony was held in honor of John Maihos and P.J. Steyer. They were both presented their Sa Dan (4th degree) ranks recognizing the successful completion of their Ko Dan Ja test held this past June in Carbondale, Colorado.

The two loyal practitioners who began their training under the direction of Beaven Sa Bom Nim have now earned the title of Master in our Soo Bahk Do Moo Duk Kwan family.

After presenting each with his certificate and red-striped belt, those in attendance shared refreshments with the newly promoted Ko Dan Ja. Congratulations Master Maihos and Master Steyer.

OCTOBER - 2002

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ho Sin Sool		1	2	3	4 Topsfield Fair Demo Practice <small>Korea - Ko Dan Ja Shim Sa</small>	5 Topsfield Fair Demonstration 2:30 & 5:30
6 Hyung	7  Christian Miles	8  Larry Greenberg	9	10	11 <small>Texas - Federation Camp</small>	12 <small>Texas - Federation Camp</small>
13 Il Soo Sik <small>Texas - Federation Camp</small>	14 Columbus Day Dojang Closed Korea - Ko Dan Ja Shim Sa ends.	15 Red Belt Evaluation 5:45 - 7:00 pm No 5:30 Red Belt Class	16	17  Tanner Henry	18	19 Kyo Pa Competition (Board Breaking) No regular classes
20 Sparring	21	22	23  Kyle Amato Randy Haskell	24  Jennifer Sullivan	25	26 Gup Test - Worcester 10:30 am - White/Orange 12:00 pm - Green/Red Regular classes in Middleton. Halloween Class 10 - 11 Kinder & Pee Wee 11:30 - Youth & Adult (Middleton)
27 Ho Sin Sool <small>Daylight Savings Time Ends (Set clocks back 1 hour)</small>	28  Jessica Gaudet	29	30  Craig Haskell Hugo Sousa	31 Only 4:00-5:00 PM Youth Mixed Rank & 7:30-8:30 PM Adult Mixed Rank	Upcoming Events Friday, Nov. 1 - Pee Wee Test (3:30 PM) No 4:00 PM Pee Wee class Saturday, Nov. 16 - Region 1 Dan Test (Middleton, MA) Thursday, Nov. 28 - Thanksgiving - studio closed	



Cambridge Class

Mr. Steyer's once-a-month classes will be held Saturday 10/12, 3-5pm, to be held on the Charles River Esplanade.

The class is opened to gup members over 11 and all dan members. To attend, you MUST ask permission from Sa Bom Nim Harwood by the Wednesday preceding the class.

In Memoriam Kwan Jang Nim Hwang Kee July 14, 2002

His life of devotion in the Do Jang,
Wielding In Neh from Jhoon Bee to Ba Ro.
Kwan Jang Nim Hwang Kee trained from age old Tang.
Moo Duk Kwan leads Gups to Dans. Soo Bak Do!

His presence in each Cha Ryut called out.
Kuk Gi Ba Ray respected above all.
Sahng Ho Kan E Kyung Ret before each bout,
Contrasts Ja Yu Dae Ryun from a brawl.

His Him Cho Chung fortifies each Kwan Won.
Ko Dan Ja are sentinels of his ways.
Kwan Jang Nim's power spread warmth like the sun.
Human he was; limited were his days.

His classes open in Muk Nyum serene.
Inner peace sought through Yong Gi and Kyom Son,
Si Jak to Gu Man, Kip Hap in between.
Birth through demise, life ends where it had begun.

James N. Decoulos
Sa Bom Nim Harwood
August 31, 2002