



THE KI-HAP



9 Rundlett Way, Middleton, MA 01949 ~ Tel. 978-777-8376 ~ In color at www.thekaratecenter.com ~ Vol. 15, No. 11 - December, 2004

Moo Do Attitude Avoids Road Rage Incident

Not too long ago, I was a near victim of road-rage. Having narrowly escaped a minor collision I pulled into my friend's driveway like I do every morning to pick her up for school. Unlike every other morning, another car pulled in behind me and a man stepped out. As he approached, I realized he was the same man who had nearly clipped the back of my car moments ago. We've all heard brutal stories about people being hospitalized as a result of another angered driver, so I was more than slightly worried. I locked the doors and rolled my window down just enough to hear what this man had to say, and it wasn't anything nice. A string of profanities followed by a direct threat of bodily harm made me wonder if I might

have to do something more than try to calm him down. I had more to worry about than myself, unfortunately, because my friend was half-way between her house and my car as this was all happening. Not knowing if this man was out to really hurt me and my friend, or just intimidate me, I was on edge. Fortunately, he backed down and drove off. As my friend sat down in my car, she was visibly shaken and short of breath. She remarked, "Reid, you're so calm, aren't you scared?" I was, truth be told, a little scared, but I knew that I had to remain calm. I remembered one thing that whole time, "Stop spear." The ultimate goal of the martial artist, after all, is to win the fight without ever fighting. Becoming angry and insulting this

already enraged motorist would certainly have led to physical conflict, which was not a desirable outcome. People said to me, "You should have just beaten him up, you could've won." Physical conflict became even less appealing when the thought of a knife concealed under his coat entered my mind. A calm, prepared mind was my key to success in this conflict, and, although I knew it, I didn't have to think it. Right after the man drove off, something occurred to me. That something was, "I can't imagine how this would've turned out if I had never come into the Moo Do path." Moo Do isn't only a way of thinking, it's a way of life; and as much as we attempt to interpret it, it shapes us.

-Reid Gilman

Benefits Continue from Vision Tour



The teachings that Kwan Jang Nim left us with will continue to benefit our school. The lessons of the Vision Tour give us knowledge about our history, tradition, discipline & respect, philosophy and technique. More pictures of the Kwan Jang Nim's visit to Middleton are on our website at <http://www.thekaratecenter.com>.

Dan Member Meeting

There will be a mandatory meeting for all Dan members on Wednesday, December 15 in place of our usual Dan Class. The meeting will begin at 7:00 PM and all Dan members are encouraged to attend. This will be our annual gathering in which we will discuss the 2005 calendar as well as crucial information for those who are teaching classes on a monthly basis. If any Dan member is unable to attend, please let Master Harwood know in advance.

In addition, as we are currently updating all of the Dan member pictures on our wall to recognize those who have accomplished this coveted level in their training, we are asking all Dan members to supply a picture (8x10 unframed) if you have not already done so. Also, if Dan members have not submitted the testing classings of each of their Dan levels (if applicable), this would be appreciated at the time of our meeting. Thank you.

DECEMBER - 2004

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|----------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| Upcoming Events Thu., Jan. 1 - New Year's Day - Studio Closed Friday, Jan. 2 - Studio Re-opens Tuesday, Jan. 11 - Red Belt Evaluation Mon. Jan. 17 - MLK, Jr. Day - Studio Closed Fri., Jan. 21 - Pee Wee Test Saturday, Jan. 22 - Gup Testing | | | 1 | 2 | 3 | 4 |
| 5 Il Soo Sik | 6 | 7 Pearl Harbor Day Chanukah <small>Begins at Sunset</small> | 8  Kiley Lombardi  Rebekah White | 9 | 10 Pee Wee Test 3:30 pm <small>No 4:00 Pee Wee Class</small> | 11 Gup Test (Middleton) 10:30 am - White/Orange 12:00 pm - Green/Red ALL CLASSES CANCELED |
| 12 Sparring | 13 | 14 | 15 Dan Meeting - 7PM (No Dan Class) | 16 | 17  Zachary Weeden | 18 Youth Holiday Party |
| 19 Ho Sin Sool | 20 | 21 Winter Begins | 22 | 23  Timothy Berube | 24 Christmas Eve | 25 Christmas Day |
| 26 Boxing Day | 27 | 28 | 29  Richard Santosuosso | 30  Joshua Wysocki | Holiday Break. Dojang Closed December 24 - January 1 | |
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Youth Holiday Party

Our annual youth Holiday Party will be held on Saturday, December 18 from 2:00-4:00 PM. All students with their families are invited to join us for fun and refreshments to celebrate the holiday season.. Regular classes will be held that day with members invited back in the afternoon for the festivities. Watch the bulletin board for additional information regarding refreshments, assistants and the gift swap.

Thanks to the Painters!



A special thank you to all the people who helped us paint the studio in preparation for the Kwan Jang Nim's recent visit. Thanks to everyone pitching in, we were able to give the studio a "facelift" for our special event.

Holiday Schedule

The Karate Center will be closed between Christmas and New Year's. The studio will be open from Monday, December 20 to Thursday, December 23 with our regular class schedule and then close from Friday, December 24 through Saturday, January 1. The studio will re-open on Monday, January 3.

Holiday Gift Orders

As the holidays get closer, orders for particular gift merchandise take longer to receive from vendors and there is always the possibility of items being sold out. To assure timely delivery, all orders for merchandise must be received by Saturday, December 4. Thank you.

Student Accomplishments

Derek King, a fifth grader at The Sacred Heart School in Lynn, received first honors for the first quarter of this year. He was also chosen to read his report on St. Thomas Aquinas in front of the whole school. Congratulations!